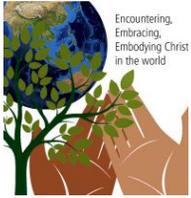


This year I commit to living out God's hope and healing



through
Creation Care
by
making big or small choices that
respect the earth and its gifts

This year I commit to living out God's hope and healing



through the ministry of
Reconciliation
by encouraging new understandings
and working to build shalom

This year I commit to living out God's hope and healing
through designing my own



**Identity
Statement**
such as "I am salt, I am light", and
choosing that identity every day

This year I commit to living out God's hope and healing



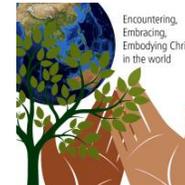
through nurturing the
Gifts of the Spirit
by
praying and practising a different
gift each month

This year I commit to living out God's hope and healing



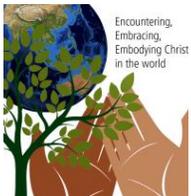
seeking Kingdom ways through
Scripture
by reading through the lens of
Christ's life and love and/or
truly trying to live out what I read

This year I commit to living out God's hope and healing
through



Humility
in acknowledging that:
I am a beloved child of God
I am not in charge nor always right
I can experience inner peace & facilitate
peace with others

This year I commit to living out God's hope and healing
seeking Kingdom ways through



**Prayer/
Contemplation**
by re-engaging in some of the
practises from year 1

This year I commit to living out God's hope and healing



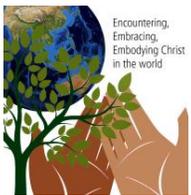
seeking Kingdom ways through
Study
by reading new authors or
joining a group dedicated to growing

This year I commit to living out God's hope and healing



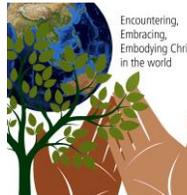
through my
Connection
with all people, all things, all creation
by acknowledging the common God-
spark of our Creator that lives in each

This year I commit to living out God's hope and healing
through



**Reflection/
Discernment**
in asking if I "let go of..." and
"embraced..."

This year I commit to living out God's hope and healing



through
**Practising the
Pause**
reminding myself of my role as
Christ's ambassador before I react

This year I commit to living out God's hope and healing
through



Generosity
by deconstructing any feelings of
entitlement, fear and/or scarcity and
dive into an attitude of abundance,
sharing, joy and flourishing life